

Youth Enrichment Services September 2022 Newsletter

Upcoming Events & Important Dates

Saturday, September 10: <u>Dimock Road to Wellness 5k Run/Walk</u> (The Dimock Center - Boston, MA) This event is aimed at inspiring mind, body and spiritual health through fitness and exercise while embracing Roxbury's rich history, diverse culture, and strong sense of community. Registration is FREE for the 5k run, 2 mile walk, and youth fun run! YES will also have a table at the event, so stop by and say hello!

Thursday, September 15: 9th Annual Harbor Cruise (Rowes Wharf - Boston, MA) The Harbor Cruise is back! Join YES aboard a cruise around Boston Harbor as we celebrate the end of summer. Enjoy a DJ, dancing, raffles, and more! Tickets are \$40 and on sale now. Click here to register. Event is 21+. Hosted by the YES Young Professionals Committee.

Monday, September 19: Fall Cross Country Running Program Begins (Moakley Park - South Boston, MA) The YES Cross Country program helps youth to develop stamina and strength through distance running. Youth develop self-esteem and confidence while building a foundation for a healthy lifestyle. Youth will participate in running competitions including the Mayor's Cup Race at Franklin Park on October 23. Weekly practices on Mondays from 6:00 - 7:15 pm September 19 - November 14. Applications close September 12, click here to apply. Volunteers are also needed, clickhere to apply.

Saturday, September 24: Rodman Ride for Kids (Foxboro, MA) YES is looking for one (1) enthusiastic cyclist to fill our remaining bib for the Rodman Ride for Kids! Riders can choose a 25 or 50 mile ride that starts and ends in Foxboro, MA and travels through surrounding towns. 100% of funds raised by Team YES riders will support YES's youth programs. Request an application by emailing mburgess@yeskids.org. Support Team YES by clicking here.

Saturday, October 1: Outdoor Adventure Biking Begins (Roxbury, MA) Join YES for a weekly Drop-In Biking Program at Urban Edge every Saturday 10am - 12pm from October 1 - October 29. Boston youth ages 7-18 will learn how to ride, improve their biking skills, and connect with positive adult models. No application necessary, just drop by!

Tuesday, October 18: Leadership Corps Begins (Boston, MA) This program offers Boston teens (ages 14-18) the opportunity to develop their leadership potential as they participate in and coach outdoor activities. Teens develop their leadership and career readiness skills through participating in workshops and trainings and put those skills into practice through volunteering with YES's ski & snowboard rental shop and supporting snowsports trips. Application deadline is September 30, click here to apply.

Saturday, November 5 - Sunday, November 6: <u>Annual Ski and Snowboard Sale</u> (Boston, MA) Join YES for our annual ski sale! Shop discounted ski jackets, snow pants, ski and snowboard equipment, and more outdoor equipment!

Friday, November 18 - Sunday, November 20: <u>Snowbound Expo</u> (Hynes Convention Center - Boston, MA) Kick off the winter season at the home of winter and outdoor sports! The Snowbound Expo is an experience that brings together inspiring athletes and expert coaches with the latest gear and technology all under one roof. Click <u>here</u> to register for FREE using code YES. YES will also have a booth at the event, so stop by and say hello!

Wednesday, November 30: Operation SnowSports Volunteer Application Deadline Volunteer with YES's Operation SnowSports program this winter! We welcome a diverse group of applicants from all backgrounds and ability levels from intermediate/advanced skiers and riders who want to teach to enthusiastic community members who want to role model and learn. Click here to learn more about volunteer opportunities and apply!

Monday, December 5: YES Annual Celebration (Boston, MA) Save the date! More information to follow.

Saturday, February 5 - Sunday, February 6: <u>The Run Show USA</u> (Hynes Convention Center - Boston, MA) Save the date!

9th Annual YES Harbor Cruise

DJ, Dancing, Raffle, & More!

M/V Freedom

Thursday, September 15

Massachusetts Bay Lines 60 Rowes Wharf Boston, MA 02110 Boards 6:00 pm Departs 7:00 pm Docks 9:00 pm





2022 Rodman Ride for Kids Saturday, September 24

YES is thrilled to participate in our first ever Rodman Ride for Kids on Saturday, September 24. The Rodman Ride for Kids is a 25 or 50 mile bike ride that starts and ends in Foxboro, MA and travels through surrounding towns. There are a number of ways you can get involved and support YES!

Support Team YES

Thank you to the nine (9) riders who will be representing YES on September 24:

James Coleman
Beth Feinberg Keenan
Kelly Hardebeck
Justin Kermond
Rob Reisch

Denise Richard
Ted Soper
Bryan Van Dorpe
Maddy Zeylikman

Ride with Team YES

YES has one (1) remaining bib to join our team. Please email mburgess@yeskids.org for the application.



Interested in joining Team YES in Rodman Ride for Kids but unable to participate in the in-person ride in Foxboro? You can choose to fundraise for Team YES any way you'd like, anytime from anywhere! The fundraising minimum is \$500. Email mburgess@yeskids.org to learn more

FUNDRAISE

Volunteer on Ride Day

YES is seeking four (4) volunteers to provide encouragement to riders while ensuring safety along the route on Ride Day. The shift is on Saturday, September 24 from 8:30 - 11:30am. Please email mburgess@yeskids.org is you are interested in volunteering.

VOLUNTEER

Young People Experience the Outdoors with YES this Summer

More than 200 youth had the opportunity to experience the outdoors with YES this summer. Youth and teens explored new sports-based activities, developed self-confidence, gained leadership skills, and created new friendships. This has been a summer that our youth will never forget!

This season, YES provided two 3-week sessions for youth ages 9-12, including a first week in the Berkshires for an overnight camp at YES's Swann Lodge followed by a two-week program with daily activities in and around Boston. This was the first summer back at Swann Lodge since 2019 following two summers of modified programs due to the ongoing COVID-19 pandemic. During both sessions, youth challenge themselves with new outdoor activities, including kayaking, rock climbing, stand-up paddleboarding, mountain biking, disc golf, and more!

YES once again hosted a Summer Track & Field program four nights per week, Mondays and Thursdays at Moakley Park in South Boston and Tuesdays and Wednesdays at English High in Jamaica Plain. Boston youth ages 6-13 had the opportunity to connect with one another and develop confidence while learning new skills, such as running, throwing, and jumping. In addition, youth had the opportunity to participate and compete in local developmental meets hosted by the Boston Athletic Association (BAA).







This summer, YES employed over 25 Boston teens to support our youth programs. Teen staff helped out at Track & Field, on Outdoor Adventure trips, and at the YES office. During their time at YES, teens gained new skills, including leadership and organization, that they will be able to bring to the classroom and their other jobs this fall.

See more photos from this summer in the Outdoor Adventure Facebook album!



Boston Runners Come Together and Celebrate Community at The Martin Richard Memorial One Mile Invitational

The 8th Annual Martin Richard Memorial One Mile Invitational took place on August 18 at Boston's Moakley Field. More than 150 runners of all ages and abilities participated.

Races this year included 400 meter races for ages 4-8 as well as a 400 meter Adaptive Race for all ages, and 1 mile races for youth, high school students, adults, and wheelchair racers. The event ended with runners, friends, and volunteers joining for a Non-Competitive 1 Mile Walk/Run/Roll for anyone!

Read more about the event here.

Congratulations 2022 Richard Williams Memorial Scholarship Recipients

The Richard Williams Memorial Scholarship was established in 2006 in memory of Richard Williams, who founded YES in 1968. While he did not achieve more than an 8th grade education, Richard realized that education was the key to unlocking dreams. The Richard Williams Memorial Scholarship continues Richard's legacy by giving Boston teens the financial support to pursue a post-secondary education. We are proud to announce the 2022 Richard Williams Memorial Scholarship recipients below.



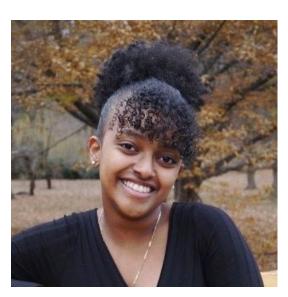
Nina B. - Nina lives in Mattapan and has been a YES kid since 2015. She has participated in various programs including Girls Outdoor Adventure Leaders, Cross Country Skiing, Leadership Corps, and worked as a YES staff member during the schoolyear and summer. Nine will be attending Northeastern University.



Victoria J. - Vicky lives in Mattapan has been a YES kid since 2015. She has participated in various programs including Girls Outdoor Adventure Leaders, Leadership Corps, and also worked at YES as Summer Staff. Vicky will be attending Morgan State University in Baltimore.



Karim H. – Karim has been a YES kid since 2015. He has participated in the YETTI Operation SnowSports program, Outdoor Adventure, and Leadership Corps programs. Karim has also worked at YES as Summer Staff. Karim will be attending UMass Dartmouth with a major in the Arts.



Hermela M. - Hermela lives in West Roxbury and has participated in the YES Leadership Corps program since 2017. She will be attending UMass Lowell with a major in Bio-Medical Engineering.

The Killington World Cup Foundation Awards Grant to Support SnowSports Program Expansion

YES was recently awarded a \$10,000 grant to support its Youth Excel Through Tailored Instruction (YETTI) and Cross Country Ski programs from the Killington World Cup Foundation (KWCF). An estimated 220 Boston youth will participate in the program during Winter 2023, which includes a scaled expansion of the YETTI Program.

Click here to read more about the grant and the foundation.







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- 3. Tap 'AmazonSmile', select Youth Enrichment Services (YES), and follow the on-screen instructions to complete the process.

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